

Contact Michelle McDonald at 919.605.0846



**DON'T GO IT ALONE.
CALL US FOR BACKUP.**

American Addiction Centers
FIRST RESPONDER LIFELINE
————— A PROGRAM FOR US, BY US. —————



First Responder Lifeline treatment at American Addiction Centers offers:

- Research-based treatment modalities
- A highly rated first responder curriculum
- Dual diagnosis treatment
- Aftercare support/family program
- Reintegration assistance
- PTSD assessment
- Spirituality meetings
- EAP/MAP interaction

“First Responders don’t like things sugar coated — you’re there as a professional with tools at your disposal. They want a plan of action. And as a professional, you can help with that.”

– James Cassidy

Law enforcement therapist with the
American Addiction Centers
First Responder Program

Even the strongest need a lifeline sometimes.

At times, it may feel as if the weight of the world is on your shoulders. You've made a commitment to protect and serve your community but the increasing dangers, public scrutiny, and the stressors you face are often too much bear. All this pressure can lead to a life of alcohol and drugs as you struggle to cope. You wonder who can you turn to for help, when you are supposed to be the hero.

At American Addiction Centers, we get it. That's why we created a specialized program for law enforcement just like you, The First Responder Lifeline. Our program offers a proprietary curriculum that combines the clinical expertise of therapist and psychologists with the real-life experiences of our team of current and former first responders. Don't suffer alone any longer, when your backup is just a call away.

Your confidentiality is always our priority.

When you call our lifeline, your call is answered by a veteran law officer experienced in addiction recovery. The call is always confidential. If you choose to take the next step, we will listen to you to determine the best treatment option. American Addiction Centers has also partnered with the Fraternal Order of Police and the International Conference of Police Chaplains to ensure even more first responders have convenient access to our services. We have helped hundreds of first responders find their path to recovery and we are here for you too.

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Common Signs of Substance Abuse*:

1. Ongoing need to increase use to achieve same effect
2. Repeated, unsuccessful attempts to stop
3. Relationships negatively impacted by substance use
4. Use of substance in risky situations
5. Withdrawal symptoms if substance use is stopped

*The Diagnostic and Statistical Manual of Mental Disorders

Most insurance accepted. Call us today to learn more.

First Responder Lifeline Locations:

Greenhouse Treatment Center
Dallas, TX

Sunrise House Treatment Center
Sussex County, NJ

Desert Hope Treatment Center
Las Vegas, NV

Recovery First
West Palm Beach/Hollywood, FL

Clinical Services of Rhode Island
Greenville/Portsmouth/South Kingstown, RI

If you or someone you know is struggling with drug or alcohol abuse, contact Michelle McDonald.

919.605.0846 or online at aac.to/michelle